

VA



U.S. Department
of Veterans Affairs

Home & Community-Based Resources

Dr. Paula Bordelon
Lauren Payne



INTRODUCTION

- Home and Community Based Care includes many programs with one goal: attain the highest level of function for Veteran in the home
- Incorporate Veteran's goals
- Department of Veterans Affairs works to meet goals with appropriate supporting programs



COMMUNITY ADULT DAY HEALTH CARE (CADHC)

- What: CADHC partners with day care
- Why: provide socialization, relief to caregiver (reduce caregiver burden), develop skills
- Who: Promoted for those who are isolated & most likely meet criteria to be skilled nursing facility (SNF)
- Attend 1 – 5 days, whole day or half-day



CADHC: WHO'S YOUR POPULATION?

- Target:
 - Moderate to Severe Cognitive Impairment or assist with ADLs
 - Requires CADHC as adjunct to community Hospice
 - Would qualify for SNF



CADHC: SPECIFICS

- Satisfies 2 of the following:
 - Age 75 or older
 - Dependency on 3 or more Activities of Daily Living (ADLs)
 - Recent d/c SNF
 - Lives alone
 - Diagnosed with depression
 - Lives alone
 - High utilizer of services (3 or more hospitalizations in 1 year, 12 or more visits to clinic or ED)



CADHC: THE HOW

- Service connection: no
- Place Consult in CPRS: Community Care-Geriatric Extended Care
- CPRS: need SW or RN to enter note
- Other Requirements: *Possible copay* by completing MEANS Test and 1010-EC form
- Combined: Yes (Home Based Primary Care)



RESPITE CARE

- What: provides temporary relief for **UNPAID** caregiver (CG) up to 30 days per calendar year
- Why: to support both physical & emotional well-being of CG
- Where: in the home, inpatient setting, CLC, or a combination
- Outpatient: up to 6 hours/day
- Inpatient: up to 24 hours/day



RESPIRE: WHO'S YOUR POPULATION?

- Target:
 - Chronic disabling condition
 - Dependency on 3 or more ADLs
 - Severe Cognitive Impairment and 2 of the following:
 - Age 75 or older
 - Dependency on 3 or more ADLs
 - Recent d/c SNF
 - Diagnosed with depression
 - High utilizer of system (in the past 1 year: 3 or more hospitalizations, 12 or more outpatient visits to clinic/ED)



RESPIRE: THE HOW

- Service connection: no
- Place Consult in CPRS: Community Care-GEC
 - Outpatient
 - Inpatient
- Other Requirements: CG must be *UNPAID & possible COPAY*
- Combined: Yes (HBPC)



HOMEMAKER HOME HEALTH AIDE

- What: home health aide comes to the home to provide nonskilled care (e.g. ADLs or meal prep). Overseen by RN
- Why: provide basic needs of veteran & relief to CG, based on needs
- Who: Veteran *of any age* needing help with ADLs, case management, typically isolated, CG burden



HOMEMAKER HOME HEALTH AIDE

- Service connection: no (must have a need)
- Place Consult in CPRS: Community Care-GEC Homemaker/Home Health Aide
- Other Requirements: *Possible copay* by completing MEANS Test and 1010-EC form
- Combined: Yes, with other services



VA POINT OF CONTACT

- Administrative assistant: Alicia Espinoza
- Phone number: 830-896-2020 Ext. 11306